



Rest, Relaxation  
& Rejuvenation  
RATES

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THE SPA



# Spa Treatment

Explore a new kind of spa experience within a unique setting of Dubai Polo & Equestrian Club. Awaken your senses & feel re-energized with a variety of indulging treatments. Experience the mix of ingredients that not only enhance your natural glow but also wipe away the stresses & strains of daily life.

Benefit from our award-winning, luxury skincare brand, Natura Bisse, known for its scientifically-tested products, our treatments are designed to fight skin aging & dullness. the traditional therapies from different cultures.

These products provide you with treatments in the instant results, without causing the skin any disturbance. The treatments are the solution to various skin needs, combining the most avant-garde trends with technological innovation and the traditional therapies from different cultures.

We use the most appropriate tools & always approach from a perspective of excellence. Our goal is to offer the effectiveness of aesthetic techniques & the wellbeing of an urban spa experience.

## FACIAL TREATMENT

### The 3D Collagen Shock *(75 mins)*

*Sculpts | Firms | Tightens*

Remodeling & firming treatment that sculpts & defines your facial contour improves skin density & preserves moisture. This innovative facial provides an excellent lifting effect while revealing incredibly supple & plump skin.

AED 625

### The Cure *(75 mins)*

*Detoxifies | Restores | Hydrates*

A proper antidote against the ravaging effects our modern lifestyle has on our skin. This deep cleansing facial includes an innovative enzymatic detox & steam to open & purify pores, as well as a meticulous extraction process, revealing extraordinarily soft & radiant skin.

AED 625

### The Bespoke Facial *(60 mins)*

*Purifies | Brightens | Balances | Revitalizes | Stimulates | Firms | Soothes | Comforts | Calms*

This essential customized facial treatment experience re-energizes cellular function & reveals perfectly hydrated skin. The revitalizing power of Natura Bisse will decongest & brighten a dull complexion restoring clarity & a healthy glow. An antioxidant treatment that restores vitality to sun-damaged skin & helps minimize the signs of premature aging, stimulate collagen production & renew skin firmness or rebuild skin tolerance, visibly reduce sagging & reverse micro inflammation which causes premature aging. Specifically designed to reinforce the skin instantly, this tailored facial is a serious answer for hypersensitivity & rosacea

AED 499

### The Express Facial *(30 mins)*

*Cleanses | Hydrates | Calms*

A revitalizing treatment to rejuvenate skin without exfoliation; ideal for all skin types. Perfect before that special date or as an introduction to facial protocols.

AED 300



## BODY MASSAGE

### Aromatherapy (60/80 mins)

AED 465/675

*Aromatherapy is one of the most effective way to relax & balance your inner self. It helps to clear your mind & make space for new ideas & positive thoughts. Aromatherapy is an amazing combination of essential oils & relaxing massage. It helps eliminate anxiety to reach a state of peace & balance.*

### Deep Tissue Massage (60/80 mins)

AED 465/675

*This massage helps eliminating the excess lactic acid & to regenerate tired & tight muscles, with an emphasis on leg & back areas. Combine with strong pressure is an invigorating stretching to help loosen tightened muscle & improves flexibility.*

### Balinese Massage (60/80 mins)

AED 465/675

*This holistic massage uses a combination of gentle stretches, acupressure, reflexology & aromatherapy to stimulate the flow of blood, oxygen & energy around your body, to bring a sense of calm & deep relaxation.*

### Hot Stone Massage (90 mins)

AED 690

*While all types of massage can help relieve pain caused by tense muscles, hot stone massage may provide greater relief if muscles are extremely tight or stiff. The heated stones provide the extra relaxation you need in releasing tension & easing sore muscles.*

### Reflexology Therapy (60 mins)

AED 410

*Diagnostic pressure point massage of the feet, which helps to stimulate reflex points corresponding to different body organs & systems & promote a healing effect throughout the body.*

### Back Massage (30 mins)

AED 300

*back massage effectively relieves pain as well as as increases range of movement, breaks down scar tissue & maintains healthy muscles.*

## BODY TREATMENTS

### Detox Marine Essence (60 mins)

AED 435

| Detoxifies | Regenerates | Hydrates

*Bamboo particles polish away dead skin cells while marine algae hydrate detoxifies & firms the body.*

### Lipocell Sculptor (60/80 mins)

AED 625

*Slims Down | Firms | Sculpts*

*An ultra-concentrated slimming & anti-cellulite gel combined with advanced massage techniques to effectively contour your silhouette. The draining & detoxifying active ingredients prevent fat nodules to reduce volume for firmer, smoother skin.*

### Skin Enhancer Scrub (30 mins)

AED 300

*Exfoliates | Softens | Renews*

*Select either the bamboo micro-fibers that effectively eliminate dead skin cells, leaving the skin smooth, soft & nourished or the citric exfoliation that revitalizes & brightens skin.*

## MANICURE & PEDICURE

Classic Manicure	(45 mins)	AED 105
Classic Pedicure	(50 mins)	AED 120
Combo Manicure & Pedicure	(90 mins)	AED 200
Polish Change	(20 mins)	AED 55
Paraffin Treatment	(30 mins)	AED 100
Gel Manicure	(60 Minutes)	AED 150
Gel Pedicure	(60 Minutes)	AED 180
Gel Polish Removal	(30 Minutes)	AED 55

## WAXING

Full Legs	(30 Minutes)	AED 125
Half Legs	(15 Minutes)	AED 90
Bikini Line	(45 Minutes)	AED 70
Full Arms	(30 Minutes)	AED 105
Half Arms	(15 Minutes)	AED 65
Underarms	(15 Minutes)	AED 55
Upper Lip/Chin	(15 Minutes)	AED 45

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DUBAI POLO & EQUESTRIAN CLUB

For bookings, please call

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